



Complete digital MSK care for public sector members

The health and wellbeing of front-line workers, educators, healthcare workers, policymakers, and their families is critical for delivering vital services for us all.

Tackling musculoskeletal (MSK) spend with digital solutions

MSK conditions contribute to rising health care costs and add pressure to public budgets. While MSK costs have decreased during COVID-19, surgeries and other treatments have simply been delayed.

This provides a unique opportunity to redirect your members from expensive, ineffective treatments, and opioids, by offering conservative care programs that are proven to reduce pain and result in significant cost reduction—while delivered from the comfort and convenience of the member’s home.

\$40 BILLION

Public sector medical claims for MSK conditions in 2020

Source: [Hinge Health, 2021 State of MSK Report](#)

Outcomes proven at scale

69%

Pain reduction, 4x better than opioids

Source: Bailey (2020). JMIR. 10,000 Participant Longitudinal Cohort Study.

2 out of 3

Surgeries avoided

Source: Bailey (2020). JMIR. 10,000 Participant Longitudinal Cohort Study.

2.26x

Return on investment

Source: 2021 Hinge Health 2-year, multi-employer medical claims analysis



Go beyond digital physical therapy

Hinge Health helps tackle high MSK spend by providing convenient access to care, anytime, anywhere. We combine a full clinical care team—including doctors, PTs, and board certified health coaches—with advanced technology, to deliver proven, lasting outcomes.

Our approach goes beyond digital physical therapy to address each member's unique physical and behavioral health needs, with health coaches trained specifically in adherence, motivation, and accountability.

And our all-in-one app, advanced motion sensors, and non-addictive, non-invasive wearable pain technology work together to create an easy, seamless experience.



Our Digital MSK Clinic™ includes a program for everybody and every body part, so we have your entire population covered.

Hinge Health is the only digital MSK solution:

- ✓ Delivering a complete clinical care team
- ✓ Designed with First Dollar Coverage in mind
- ✓ Validated by the most rigorous US academic institutions
- ✓ Easily implemented with the most extensive network of industry partners

600+ customers • 14M covered lives • Proven public sector experience



To learn more visit hingehealth.com or email public.sector@hingehealth.com